

WHITE MOUNTAIN BRAZILIAN JIU-JITSU AND MIXED MARTIAL ARTS CLUB
WARNING, WAIVER AND RELEASE OF LIABILITY

NAME: _____

ADDRESS (CITY/ STATE /ZIP): _____

DATE: _____

PLEASE READ CAREFULLY BEFORE SIGNING - I understand and agree that:

In consideration of being allowed to learn Brazilian Jiu-Jitsu, self-defense, and mixed martial arts and to participate in any way in the sports programs, tournaments, seminars and related events and activities, including transportation to and from such events, of the White Mountain Brazilian Jiu-Jitsu and Mixed Martial Arts Club, Head Instructor Craig Willey, and its affiliated clubs and schools, I hereby:

- 1) Agree that prior to participating, I will inspect the mats, equipment, facilities, and any competition pools or pairings to be used, and if I believe anything to be unsafe or beyond my capability, I will immediately advise my instructor, coach or supervisor of such condition (s) and refuse to participate.
- 2) Acknowledge and fully understand that Martial Arts are a physical sport and that I will be engaging in activities that might result in serious injury, including permanent disability or death, and severe social and economic loss due not only to my actions, inaction, or negligence, but the actions, inaction, or negligence of others, the rules of the sport of Martial Arts, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not foreseeable at this time.
- 3) Assume all risks involved in the sport of Martial Arts and accept personal responsibility for the damages following such injury, permanent disability, or death.
- 4) Enter Martial Arts practice, seminar training, or competition entirely of my own free will and understand the importance of following the rules of the sport of Martial Arts and all directions and instructions given to me by my coaches and other Martial Arts officials.
- 5) Certify that I am in good physical condition, and have no disease, injury, or other condition that would impair my performance or physical and mental well being
- 6) Grant permission in case of injury to have a doctor, nurse, athletic trainer, or other emergency medical personnel provide me with medical assistance or treatment for such injury.
- 7) Release, waive, discharge, and covenant not to sue the White Mountain Brazilian Jiu-Jitsu and Mixed Martial Arts Club, Craig Willey, other participants, organizations, their affiliated clubs and schools, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parent (s), guardian (s), supervisors, coaches, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the class or event, all of which are hereinafter referred to as "releasees," from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.
- 8) During the course of instruction, employees of White Mountain Brazilian Jiu-Jitsu and Mixed Martial Arts, and/or instructors, students or authorized persons will be engaged in a course of conduct requiring physical contact, I give full consent to such contact as is required by training.
- 9) I/We, the parent (s) or guardian (s) of this minor participant have instructed or will instruct the minor participant to the above warning and conditions and their ramifications, and I/ We additionally confirm and agree to all the above statements, conditions, waivers, releases, and consent to this minor's participation.
- 10) Neither credits for classes will be given, or cash refunds will be given on classes not taken on the month/paid period. I have read the above warning, waiver, and release, understand that I/ we give up substantial rights by signing it, and knowing this, sign it voluntarily.

(Printed Name of Participant or Parent/Guardian)

(Signature of Participant or Parent/Guardian)

Date