

Contact Information:  
Lincoln-Woodstock  
Recreation Department  
at 745-8673  
recreation@  
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# Indoor Baseball Practice

Held  
every  
Saturday  
Until  
Spring!

Join Us!

At the Lin-Wood Middle-High School gym  
on Saturdays from  
4:00PM-6:00PM  
for skill building baseball practices.

Take advantage of this great opportunity to get  
help with your baseball skills in the off-season!

There is **NO** admission fee.

You do not need to attend every week, just  
when you can come.

Just bring your glove, wear clothes that you can  
move around in, and wear indoor gym shoes.

Coached by Andre Desjardins with help by Mike Hyland.