

Winter Newsletter 2016-2017



LINCOLN-WOODSTOCK
RECREATION



Lincoln-Woodstock Recreation Guide Winter 2016-2017

S B P K G S W L I N S R F S M A E B X S
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ADULTPECLASS
 BIGAIR
 FOODPANTRY
 JUSTFORKIDS
 LEARNTORACE
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 PRESKI
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 SNOWMAN
 WINTER

ASP
 BLIZZARD
 FREESTYLE
 KANCATHON
 LEARNTOTURN
 OPENGYM
 RECDESK
 SNOWBOARD
 SOFTBALLTRAIN

BASKETBALL
 BOXRACES
 ICESKATE
 KANCCARVERS
 LEGOCLUB
 POWDAY
 SKI
 SNOWFLAKE
 VOLUNTEER

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For program updates and notifications please like our FACEBOOK page (Lincoln-Woodstock Recreation Department) or call 603-745-8958.

Volunteers

Every year the Lin-Wood Recreation Department depends on volunteers to assist in a variety of programs and activities such as coaching youth sports teams, helping at special events, assisting others at the Lin-Wood Food Pantry, helping children with their homework at the After School Program, community cleanup projects, and more! We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about our volunteer program. If you would like to volunteer with us please contact Tara or Dan at 603-745-8958.

Rec Desk!!

As many of you have already experienced from registering for soccer and ASP, we now have the ability to accept registrations for our programs online! We also now have the ability to accept credit and debit cards. We will be able to take them both online and in person. This is going to be how you will register for all future programs. If you have not yet done so, we strongly encourage creating an account at:

linwood.recdesk.com

Save The Date!

March 27th-April 7th: Baseball/Softball Sign Ups

May 27th: Community Yard Sale

June 17th: Kid's Fishing Derby

Lincoln-Woodstock Recreation Dept.

Hours: Mon-Fri 8am-3pm
Located at the Father Roger Bilodeau Community
194 Pollard Rd. • PO Box 25, Lincoln NH
603-745-8958

Tara Tower, Recreation Director
recreation@lincolnnh.org

Dan Lamoureux, Program Coordinator
communitycenter@lincolnnh.org

Kanc Recreation Area

For questions about The Kanc Rec Area call:
603-745-8958
62 Forest Ridge Rd. Lincoln NH 03251

Lin-Wood Food Pantry

Located at the Father Roger Bilodeau Community Center
Contact: Dan Lamoureux
Open Tuesday 11am – 2pm *or by appointment
194 Pollard Rd. • PO Box 39, Lincoln NH 03251
603-745-8958

Lin-Wood Friends of Recreation

Board Members
Kristene Klepser- President
Kara Sellingham- Vice President
Heidi Corey- Secretary
Tammy Ham - Treasurer
Tara Tower - Events Coordinator
Looking to volunteer or become a member?
Like our page on Facebook!
Lincoln-Woodstock Friends of Recreation

Lin-Wood Community Child Care Center

Shannon Robinson, Director
603-745-2200 • lwcccc@myfairpoint.net
Located at the Father Roger Bilodeau Community Center
194 Pollard Rd. • PO Box 965, Lincoln NH 03521

Lin-Wood Area Senior Center

Andy Comeau, Coordinator
603-745-4705 • acomeau@gcsc.org
Located at the Father Roger Bilodeau Community Center
194 Pollard Rd. • PO Box, Lincoln NH 03521
For more information go to www.gcsc.org

Lincoln Public Library

Carol Riley, Director
603-745-8159 • library@lincolnnh.org
Mon-Fri 10am-8pm; Sat 10am-2pm
22 Church St. • PO Box 98, Lincoln NH 03251

Youth Programs



LEGO Club

Ages 6-12. Do you love to build with LEGOs? Join us for this fun and

exciting club at the Library! Each week will have a new theme for the kids to learn how to build, all you have to do is use your imagination and have fun!

Program sponsored by the Lincoln Library. Limited to 10 kids. Runs on Mondays from 4pm-5pm. Register online! For questions about this FREE program, contact Dan at 745-8958 or communitycenter@lincolnnh.org.

Session 3: January 9-February 13

Session 4: March 6- April 3

After School Program

Grades K-5. The Lincoln-Woodstock Recreation Department's After School Program is a fun, safe and supervised place for youth in grades K-5 to participate in a variety of activities after school. After School Program children are picked up at the Elementary School at 2:30 pm. While at the Community Center, children have a snack, work on homework, arts & crafts, and the opportunity to participate in group games.

NEW THIS YEAR:

\$150 includes 2:30-5, 5 days a week for the full session. Registration cost also includes a HEALTHY snack provided by us daily.

Session 3: January 3rd- February 24th

Session 4: March 6th- April 21st

Winter Basketball

Ages 5-Grade 6. Practices and games will start in December. Ages 5-Grade 4 games will be played in the Elementary School Multi Purpose Room and Grades 5-6 games will be played in the Middle/High School Gym. If your child does not have a LWRD team shirt they will need to purchase one. They are \$10.00 and are available at the Community Center. We are looking for coaches and referees for the season. If you are interested please contact Dan at 745-8958 or communitycenter@lincolnnh.org

Kanc Carvers – Learn to Turn

Grades 1&2. For those that can ride the rope tow and ski with confidence on intermediate terrain, and are ready to learn race techniques. Participants are required to purchase a daily rope tow ticket, or have a season pass to the Kanc Ski Area. There is no cost for lessons. Spaces are limited!

Registration for this program will open on January 2nd.

Sundays: Dates are to be determined

Kanc Carvers – Learn to Race

Grades 3&4. For those that can ride the rope tow and ski with confidence on intermediate terrain, and are ready to race! Participants are required to purchase a daily rope tow ticket, or have a season pass to the Kanc Ski Area. There is no cost for lessons. Spaces are limited! Registration for this program will open on January 2nd.

Tuesdays: Dates are to be determined.

Pre Ski Lessons



Ages 3-4. These classes are intended for children who have never skied before or who have very little experience. Classes will begin with a focus on safety and equipment. Further instruction will be on maneuvering around obstacles, falling and getting up safely, making big and little turns, using their "pizza" and other fundamental techniques. Please note that each participant must have their own skis, boots, and helmet. Each class is limited to 4 participants. They will begin at 10:00 am and are 45 minutes long. Space is very limited! Checks can be made payable to: Town of Lincoln. Registration for this program will open on January 2nd.

Dates to be determined

Cost: \$40.00

Youth Softball Training

For those in grades 3 and up on Sunday evenings from 5:00-7:00 pm at the MHS Gym now through the winter. The coaches will work with the girls on proper pitching and catching skills! Bring your glove and indoor sneakers. There is no cost for this program. For more information contact Andy Kilmer at (603) 991-2934 or (603) 444-0730.

Sundays: 5pm-7pm

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Free Style Lessons

All Ages. Are you interested in learning techniques of Free Style Skiing/Snowboarding? This is the group for you! Instructor Blair Weeden will teach you how to land big jumps and how to do it safely. Participants are required to purchase a daily rope tow ticket, or have a season pass to the Kanc Ski Area. This program leads up to the Big Air Contest on March 4th. Please note that each participant must have their own skis/board, boots, and helmet. There is no cost for lessons. Spaces are limited! Registration for this program will open on January 2nd.

Dates to be Determined

Other Programs

Middle/High School Open Gym

Come get some energy out at the Lin-Wood MHS. The activities played will be based on the participant's decision. This is held on Saturdays from November 19th until March 18th. For more information contact Dan at 745-8958 or communitycenter@lincolnnh.org

Elementary School Students 4pm-5pm

Middle School Students 5pm-6:30pm

High School Students 6:30pm-8pm



Adult Pick-Up Basketball

Ages 18+. Dust off your jump shot and hit the court for some pickup basketball held at the Lin-Wood Middle/High School Gym from November 20th until December 18th! For more information contact Dan at 745-8958 or communitycenter@lincolnnh.org
Sundays 12pm-2pm

Adult Basketball League

18+ and out of High School. Games will be played on Sundays at the Lin-Wood High School Gym. A Captains meeting will be held on: **Thursday, December 15th at 5:30pm** for all captains to register their teams, and submit their roster as well as the \$160 Team Fee. The season will be an 8 games, followed by playoffs; starting on **Sunday, January 8th** and end on Sunday, March 19th. First game starts at 10:15am with the last game starting at 2pm. All teams are required to supply their own matching uniform shirts/jerseys with numbers for player identification. **Space is limited to 12 teams.** For more information contact Dan at 745-8958 or communitycenter@lincolnnh.org.

Adult PE Class

Jealous of your kids telling you about the games they played at school? Reminiscing of the days when gym class was the highlight of your day? Looking to be active, but don't want to go to the gym? We have the answer to all of those dilemmas! Old School P.E. is going to run two, 3 class sessions this winter. Come join us at the **Lin-Wood High School Gymnasium** from **7pm-9pm** to play those games you used to love, and maybe learn to love some new ones. The best part? **It's a FREE program!** Just bring sneakers, athletic apparel, a couple of friends and a positive attitude.
Session 1: December 9th, December 13th & December 19th
Session 2: January 30th, February 6th & February 17th

Events

Just For Kids Shopping

12 and under. All gifts will be between 25 cents- \$5.00. Helpers will be available to help the kids while they shop! Adults will not be allowed in the shopping area, we will provide a waiting room for you. This event will take place at the Community Center. If you would like to volunteer please contact Dan at 603-745-8958 or communitycenter@lincolnnh.org.
Friday, December 9th from 2-6pm



Winter Equipment Pick-Up

Don't buy skis, a snowboard, boots or other winter equipment until you check out the many donated items at the Kanc Ski Area. There's plenty of equipment for kids and adults. If the equipment is for a child there needs to be a parent or guardian with them to sign a waiver.
Thursday, November 17th from 2-7 pm

KANC-A-THON

Join us for the 8th annual Kanc-A-Thon event. Ski/Board-A-Thon, Sled-A-Thon, Skate-A-Thon participants will be eligible for prizes that will raffled off throughout the event. There will be prizes for the participant who raises the most money and participants who do the most runs/laps. There is a minimum donation amount of \$20.00 for each participant. (Checks made payable to the Lin-Wood Friends of Recreation) Co-Sponsored by Lin-Wood Interact.

Saturday, February 4th

Registration begins at 9:00am

Event Starts Promptly at 10:00am

Big Air Contest

18&under. Join us at the Kanc for the 11th Annual “Big Air” contest. Fun is the focus of this event. Competitors, friends and parents cheer for everyone! Practice jumps will be allowed from 10:00am-12:00pm. No Inverted jumps allowed, and helmets are mandatory! A parent must complete the release section on the sign-up form. There will be a FREE lunch for all competitors at 12:00pm. This event is sponsored by the Lin-Wood Friends of Recreation. **Saturday, March 4th**
Registration ends at 12:30pm Event begins at 1:00pm

The Kanc Kids Races

Pre School – 8th Grade. Come test out your skills at the Kanc. The races will be broken up into two age groups Pre-School-4th grade and 5th- 8th grade. There will be awards following each group races. FREE lunch for all racers at 12:00 pm! This event is sponsored by the Lin-Wood Friends of Recreation.

Saturday, February 25th

Pre-4th grade registration 9:30am

Race begins at 10:00am sharp

5th-8th grade registration 12:30pm

Race begins at 1:00pm sharp

Cardboard Box Race

All Ages.

All are invited to make a vessel to come down the hill in. The vessel must be made of only cardboard, tape and paint. Bring your flashlights for the Torchlight Parade. Registration for the race is from 6-6:30pm, race begins at 7:00 pm!

NO SKIING DURING THE RACE!

Friday, March 3rd



Shout Outs!

Without the generous donation of time given to us from many community members, we would not be able to provide the programs and services we do. It is because of all of our volunteers we are able to stay afloat. Thank you to all for your commitment to our Rec Department!

Stuart Anderson-Youth Soccer

Jen Whitman- Youth Soccer

Craig Whitman- Youth Soccer

Heather Krill- Youth Soccer

Max Dovholuk- Youth Soccer

Vicki Martin- Youth Soccer

Jim Martin- Youth Soccer

Nathan Jenkins- Youth Soccer

Heidi Corey- Youth Soccer

Jeff Bailey- Youth Soccer

Adam Donati- Youth Soccer

Kyle Weeden- Youth Soccer

Emily Sennott- Adult PE

Captain Jeff Burnham- Halloween Dodgeball

Jennifer (JJ) Duncan- LEGO Club

Kara Sellingham- Food Pantry

Amy Brooks- Food Pantry

Loon Mountain Ministry Youth Group- Handing out flyers, delivering candy, and painting the game room at the Kanc Recreation Area.

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"The Kanc" Ski Area - 2016-2017 Season Hours & Rates:

Our goal is to open December 26th each year. Once we are open our hours will be:



The Rope Tow SKI SLOPE hours are:

Monday – Thursday 3:00 – 5:00 p.m.

Saturday & Sundays 10:00 am – 4:00 p.m.

Nights—Wednesdays & Saturdays 7:00 – 9:00



Rope Tow Rates are:

Resident:

Day Rate: (10am-4pm) \$5.00

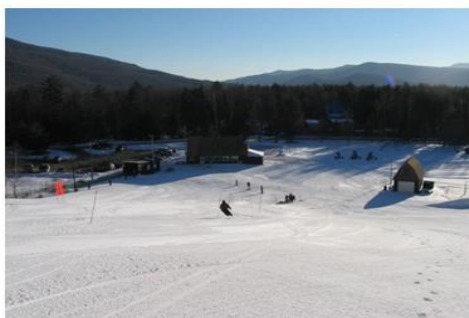
After-school (3-5pm) \$3.00

Evening Rate (7-9pm): \$3.00

Season Passes:

Individual: \$30.00

Family: \$75.00



Non Resident:

Day Rate: (10am-4pm) \$20.00

After-school (3-5pm) \$14.00

Evening Rate (7-9pm): \$14.00

Season Passes:

Individual: \$100.00*

Family: \$250.00*

These non-resident season rates are as of January 1, 2017.

Non-Resident Season pass rates prior to January 1st are \$50 /individual & \$125/family)

Beginner Ski Slope is for beginners only, and is meant to be used by skiers that are not ready for the rope tow yet. There is no charge for use of the beginner ski slope.

Skating Rink is an outdoor, uncovered, manually flooded rink that is open when temperatures permit. The warming hut is available during the hours that the ski area is open. You are welcome to skate anytime from dawn until 9pm when the ice allows. There are a limited number of skates, in various sizes, available for use when the warming hut is open. There is no charge for use of the skating rink.

Sledding Hill is located to the right of the ski slope, is also used as the beginner ski slope, so sliders need to use caution to avoid skiers. The hill is open for sledding when there is snow. There is no sledding allowed on the rope tow ski slope, and doing so could result in a loss of all of your area privileges.

*The Recreation Department has received donated skis, boards, poles, boots, helmets, and skates. If you would like to borrow some equipment please see the warming hut attendant. There is a waiver that must be signed by an adult for any borrowed equipment. We ask that when you outgrow it, or if you **have other equipment that you've outgrown or don't use, that you donate that for others to use!***

If you have any questions you can call either

The Lincoln-Woodstock Recreation Department at 745-8958 or the
Kanc Recreation Area at 745-2831 or visit our website at www.lincolnnh.org.



Lincoln-Woodstock **FOOD** pantry

The FOOD PANTRY is Open
TUESDAYS 11am-2pm
or by appointment only
Monday-Friday 10am-2pm

The Lincoln-Woodstock Food Pantry is NOT a part of the NH Food Bank system. It survives by the generosity of community members like you.

Located at the:

Lincoln-Woodstock Community Center
194 Pollard Rd.

PO Box 39

Lincoln, NH 03251

Phone: (603) 745-8958

communitycenter@lincolnnh.org

Needed Items:

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Lunch Meat | <input type="checkbox"/> Peanut Butter, |
| <input type="checkbox"/> Meat | Jelly & Jam |
| <input type="checkbox"/> Bread | <input type="checkbox"/> Sauce & Gravy |
| <input type="checkbox"/> Dry Milk | <input type="checkbox"/> Soup |
| <input type="checkbox"/> Butter | <input type="checkbox"/> Crackers |
| <input type="checkbox"/> Yogurt | <input type="checkbox"/> Rice, Mac & |
| <input type="checkbox"/> Cheese | Cheese, Pasta |
| <input type="checkbox"/> Baby Food | <input type="checkbox"/> Canned Beans, |
| <input type="checkbox"/> Diapers | Vegetables & Fruit |
| <input type="checkbox"/> Toilet Paper | <input type="checkbox"/> Hot & Cold Cereal |
| <input type="checkbox"/> Juice Boxes | <input type="checkbox"/> Granola Bars |
| <input type="checkbox"/> Canned Tuna, | <input type="checkbox"/> Apple Sauce |
| Chicken & Salmon | <input type="checkbox"/> Cooking Oil |
| | <input type="checkbox"/> Salad Dressing |

**MONETARY DONATIONS ARE
ALWAYS WELCOME AND ARE
TAX DEDUCTIBLE**

**Please make checks out to the
Lincoln-Woodstock Food Pantry**

**Donations can be dropped off
Monday-Friday
10am-2pm**

*If the building is locked, please leave your
donation in the blue bin outside the main
entrance door. Thank you!*

★ Smaller, rather than jumbo-sized items are best

★ Please check all EXPIRATION DATES